

Field Hockey



We will be offering a girls youth field hockey program for students in grades three and four. Field hockey is the second most played sport in the world behind soccer. This program is designed to introduce the sport of field hockey, including history, rules, and game concepts. The goal of this program is to develop individual player skills, including dribbling, passing, dodging, shooting, defense, and to teach the importance of ball movement and team play in game situations. Coaches will reinforce the importance of sportsmanship during competition, and most importantly, have fun!

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Supporting Documents



[Field Hockey Information Sheet](#)



[Registration Form](#)

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